

THE UNIVERSITY OF NORTH CAROLINA ASHEVILLE
FACULTY SENATE

Senate Document Number SD3924S

Date of Senate Approval 04/04/2024

Statement of Faculty Senate Action:

**APC Document 32 (HWP): Delete HWP 190, Foundations of Health Promotion;
Delete HWP 380, Internship in Health and Wellness Promotion;
Delete HWP 480 Advanced Internship in Health and Wellness
Promotion
Add HWP 327 Kinesiology & Biomechanics**

Effective Date: Fall 2024

1. **Delete:** On page 171, the entry for **HWP 190, Foundations of Health Promotion:**

190 Foundations of Health Promotion (3)

An introduction to the foundations of health promotion in practice, including core concepts of public health and health sciences and career opportunities. Topics include the history of health, determinants of health, and major behavioral health theories and frameworks. Skills include thinking critically about health information, understanding and using health research and statistics, and understanding the causes of health disparities. In-class discussions, activities, lectures, and assigned materials will be utilized to illustrate the complexity of health promotion in practice. Fall and Spring.

Impact: This course is no longer required as part of the Health and Wellness Promotion degree program, and thus, there will be no impact on the students or faculty.

Rationale: HWP 190 was last offered in Spring 2020. It's no longer required for the Health and Wellness major or minor and should be removed from the catalog.

2. **Delete:** On page 175, the entry for **HWP 380, Internship in Health and Wellness Promotion:**

380 Internship in Health and Wellness Promotion (3)

Students are placed in a supervised health and wellness promotion setting that relates to their career goals and learning objectives. Requirements typically include readings, planning for and completion of a major project, weekly seminars and a final presentation. Prerequisites: junior standing, completion of 12 or more hours in HWP and permission of instructor. Fall and Spring.

Impact: This course is no longer required as part of the Health and Wellness Promotion degree program, and thus, there will be no impact on the students or faculty.

Rationale: HWP 380 was last offered in Fall 2020 as it's no longer required for the Health and Wellness major or minor. The department doesn't plan to offer it again so it should be removed from the catalog. Though internship experiences have been folded into HWP 459 Senior Capstone, if a student wants to pursue an internship prior to taking this course, we will recommend IST 325.

3. Delete: On page 177, the entry for **HWP 480, Advanced Internship in Health and Wellness Promotion:**

480 Advanced Internship in Health and Wellness Promotion (3)

Students are placed in an organization and provided with professional supervision for advanced skill development. Requirements may include a bi-weekly journal; a major project that includes research and project management and demonstrates leadership skills; a culminating report; and a final presentation. Students who qualify for this advanced internship placement do so on the basis of academic standing, career choice, and personal interview. Prerequisites: HWP 380 and permission of instructor. See department chair.

Impact: This elective course is not required for the Health and Wellness Promotion major or minor, and thus, there will be no impact on the students or faculty.

Rationale: HWP 480 was last offered in Summer 2019. The department doesn't plan to offer it again so it should be removed from the catalog.

4. Add: On page 174, the entry **HWP 327, Kinesiology & Biomechanics:**

327 Kinesiology and Biomechanics (4)

Investigates the anatomy, physiology, and mechanics of human movements. Students will learn how to analyze movement and determine the specific muscles, forces, and joint actions responsible for a particular movement. The course will explore how to improve human performance through effective exercise and training program design. Additionally, students will discuss kinesiology principles related to athletics, rehabilitation, and exercise, fitness, and movement science. Prerequisite: HWP 235. See department chair.

Impact: This course will be an optional elective for all three concentrations in our major. This new course will not impact major, minor, or university requirements, and does not affect the department's ability to support the LAC. This change is not anticipated to impact our staffing needs. The faculty teaching this course, Jason Wingert, can rotate this course with his other elective (Evolutionary Principles of Health) much like other faculty do in our department. Aubri Rote can also teach this course if needed. No specialized space or materials are needed for this course. The proposed class size is 20 students. At 4 credits, the class meets for a total of 3 hrs and 20 minutes. This class's format is lecture and discussion. This course is not part of the UNC Common Numbering System. Because the design of this course will take place in the summer, student learning outcomes are not yet available.

Rationale: There is interest from our UNCA leadership in attracting more students interested in Kinesiology. Thus, we are starting with this course to gauge interest from our current students. In addition, this subject (kinesiology and biomechanics) is a strong addition to our degree program as it is already.