

THE UNIVERSITY OF NORTH CAROLINA AT ASHEVILLE
FACULTY SENATE

Senate Document Number 8418S
Date of Senate Approval 05/03/18

Statement of Faculty Senate Action:

APC Document 76 (HWP): **Add new course, HWP 381, Body Fat and Body Image**

Effective Date: Fall 2018

1. Add: On page 174, new course, **HWP 381:**

381 Body Fat and Body Image (3)

Examines weight and body fat from multiple angles including physiological, environmental, and psychological ones. During this course, students will grapple with the continual juxtaposition of combating the health consequences of body fat/obesity and promoting positive body image. Current trends in body image discourse and strategies to facilitate positive body image are also examined and discussed. See department chair.

Impact: This course will be offered as an HWP elective that can be used to fulfill required electives in the HWP major and minor. It will also be offered as a social science elective in the WGSS major and minor, and diversity intensive designation will be sought for this course. Body Fat and Body Image has been taught 3 times as a special topics course over 3 years in HWP by the same instructor, thus is not anticipated to adversely impact staffing.

Rationale: The topic of this course is highly relevant to students both in and out of the Health and Wellness department. Because it has no prerequisites, it is a course that may be taken by students across the university with interest in this topic. In addition, work on this course supports and interacts with the faculty members scholarly trajectory and thus offers undergraduate students access to cutting edge work in this important area of health and wellness.

1. Does the course fulfill a major requirement, LAC requirement, or requirement for another department? If the course fulfills a major requirement, will it be a required course, an additional choice for a course group, or an option for unspecified required hours in the major?

HWP 381 fulfills a major requirement as one of a group of courses from which students must choose up to 9 credit hours. It also serves as a possible social science course choice for WGSS majors. The special topics version has been serving in these roles for the last 3 years.

2. Information about the course's:

a. Student Learning Objectives

In this course, students examine body fat from multiple angles including physiological, psychological, and environmental. Students will also tackle the continual juxtaposition of body fat and obesity with body image. The primary goals of this course are to enable students to think critically about the issues surrounding body fat and body image, analyze and evaluate popular press books and research articles related to body fat and body image, recognize current societal trends related to body fat and body image, research and disseminate (both written and oral) information on a specific topic related to body fat and body image, and apply the information they learn in order to facilitate positive body image in themselves and others.

b. anticipated class size

20-25 students

c. the amount of scheduled class time

2.5 hours per week

d. instructional format (lecture, lab, seminar, independent, research, internship, studio, etc.)

The format of this course includes both lecture and class discussion.

e. any specialized space or material needs

None

3. Information about the number of faculty in the department who will/can teach the proposed course.

One person, Dr. Aubri Rote, teaches this course currently. Other faculty members could teach the course, if needed.

4. Information about when and how often the course will be offered.

Approximately, once every two years. We have offered the special topics version yearly, for the last 3 years, but we may not be able to keep up that frequency with current staffing.

5. For new courses or changes to offering patterns, information about how the addition or change affects the ability of the department to deliver its existing curriculum and meet its commitments to the LAC.

No impact. Course is periodically offered as one of the required elective options.