

THE UNIVERSITY OF NORTH CAROLINA AT ASHEVILLE
FACULTY SENATE

Senate Document Number 8318S
Date of Senate Approval 05/03/18

Statement of Faculty Senate Action:

APC Document 75 (HWP): Delete HWP 154, Women's Health, changing to HWP 254 with updated description

Effective Date: Fall 2018.

1. Delete: On page 154, the entry for **HWP 154, Women's Health:**

154 Women's Health (3)

The study of how women can understand, gain control over, and take responsibility for their bodies and their health. Course includes a comprehensive fitness development experience. See department chair.

2. Add: On page 171, new course, **HWP 254, Women's Health:**

254 Women's Health (3)

Examines selected topics related specifically to women's health and wellness, and how knowledge, attitude, policy, and health behaviors relate to quality of life and health and well-being for people with female bodies and those who identify as women. Through contemplative practices as well as projects, students will demonstrate increased self-awareness and knowledge related to personal health and wellness and will apply the knowledge and skills learned to make informed decisions about individual health and the health of women as a community. Students will evaluate how physical and social environments and public policies influence both personal and public health through the study of the socio-ecological model of health, social determinants of health, and behavior change theory. Topics may include, but are not limited to, the reproductive cycle, gender and sexuality, positive coping strategies, emotional intelligence, nutrition, body image, health equity, politics of women's health, and complementary and alternative modalities for women's health. Every year.

Impact Statement: This change in course level and description will allow HWP students to use it for 3 of their 9 required elective hours while still being open to students from any major who are interested in the topic. This will not affect university requirements. Changing the course description is not anticipated to impact our staffing needs. We typically offer the 100-level version of this course about once a year. We plan to offer 254 once a year.

Rationale: This course previously fulfilled the university-wide health and wellness requirement. Because of its topic, there remains significant interest in it. Changing it to a 200-level elective is appropriate with an accompanying description change, to allow it to be counted in the HWP major and minor electives.