

THE UNIVERSITY OF NORTH CAROLINA AT ASHEVILLE
FACULTY SENATE

Senate Document Number 9814S
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Statement of Faculty Senate Action:

APC Document 85

Change description of HWP 190

Effective Date: Fall 2014

1. Delete: On page 160, the entry for **HWP 190:**

190 Introduction to Health Promotion (3)

An introduction to the discipline of health promotion. Topics include history, theories, wellness coaching, career opportunities and certifications, professional organizations and journals, current issues, and future trends. Through in-class learning, on-site visits and practical experiences, students become familiar with the profession, the Health and Wellness Promotion program, and develop personal goals to work toward while completing the major or minor. A grade of C or better is required to graduate. Fall and Spring.

Add: On page 160, in place of deleted entry:

190 Introduction to Health Promotion (3)

An introduction to personal health and wellness and the field of health promotion. Topics include history, behavioral health theories and determinants of health, the multiple dimensions of wellness, personal health risk assessment, wellness coaching, career opportunities and certifications, professional organizations and journals, current issues, and future trends. Through in-class learning, on-site visits and practical experiences, students become familiar with the profession, the Health and Wellness Promotion program, and develop personal wellness goals. A grade of C or better is required to graduate. Fall and Spring.

Impact: None

Rationale: The new description better addresses the content of the course.