

THE UNIVERSITY OF NORTH CAROLINA AT ASHEVILLE
FACULTY SENATE

Senate Document Number 10114S
Date of Senate Approval 5/01/14

Statement of Faculty Senate Action:

APC Document 88: **Remove the paragraph describing the Pre-Health Professions from the description of the Health and Wellness Department; Change the description of the HWP major; Change the requirements for the Major in Health and Wellness Promotion, Health and Wellness Promotion with Teacher Licensure, and the Minor in Health and Wellness Promotion**

Effective Date: Fall 2014

1. **Delete:** On page 153, the third paragraph in the description for Health and Wellness Promotion:

The Health and Wellness Department also participates in the Pre-Health Professions Program and provides a holistic approach to developing a broad level of knowledge and skills as it pertains to the delivery of health care. The Pre-Health Professions Program provides opportunities for students to learn more about the broad array of health care career options and guides them in successfully preparing for graduate or professional program admissions. Pre-medicine students and those interested in allied health careers (pre-health professions) may major in any discipline. They should complete the Pre-Health Professions program with assistance from their advisor or from an advisor in the Department of Health and Wellness.

Impact: No resource implications

Rationale: Although HWP faculty members serve on the Pre-Health Professions Committee, the Department of Health and Wellness no longer operates the campus Pre-Health Professions Program.

2. **Delete:** On pages 153-154, the entry under **Major in Health and Wellness Promotion:**

In the liberal arts tradition, the major in Health and Wellness Promotion is an interdisciplinary program that prepares students to provide educational, informational, and support services to populations affected by health hazards, or who are at risk for chronic diseases, particularly preventable diseases related to lifestyle. The program includes instruction in health promotion publicity, public relations, personal wellness coaching/counseling, health promotion campaign management, preparation of health promotion teaching aids and instructional materials, and applications to specific public health problems and campaign audiences. The curriculum emphasizes multi-level programs aimed at the promotion of fitness and healthy lifestyles, prevention of childhood and adult obesity, HIV/STD prevention, substance abuse prevention, worksite and senior wellness programming, developing cultural competence, and achieving racial, ethnic, and socioeconomic health parity.

- I. Required courses in the major—38 hours: HWP 190, 284, 294, 310, 335, 380, 455, 459; HWP 250 or 350; one course from HWP 290, 315, or 343; and two courses from HWP 225, 253, 316 and 365. BIOL 223 may be substituted for HWP 284, and BIOL 338 may be substituted for HWP 294.
- II. Required courses outside the major—10 hours: STAT 185 and a minimum of 6 additional hours selected in consultation with the department advisor related to student goals. Special Topics courses may be used with written permission from the department chair.
- III. Other departmental requirements— Major competency is fulfilled by completion of HWP 459 with a grade of C or better. Oral competency is demonstrated by completion of HWP 310 with a grade of C or better.

Add: On pages 153-154, in place of deleted entry:

In the liberal arts tradition, the major in Health and Wellness Promotion is an interdisciplinary program that prepares students to promote health, wellness, and high quality of life among individuals, groups, and populations, with a focus on healthy lifestyle choices and supportive environments. The program includes instruction in nutrition, physical activity, mental and emotional health, anatomy, physiology, diversity and health parity, and other key health topics and concepts. Students develop skills in personal wellness coaching; health education and communication; and health program planning, implementation, and evaluation. The curriculum emphasizes culturally-sensitive and multi-level health promotion in a variety of settings, such as schools, worksites, older adult care centers, health care facilities, and communities.

- I. Required courses in the major—at least 47 hours: HWP 190, 223, 224, 225, 250, 294, 295, 310, 335, 455, 459; one course from HWP 345, 350, 380, 499; and three courses from HWP 253, 265, 290, 315, 316, 317, 323, 333, 355, 360, 365, 401, 420. BIOL 338 may be substituted for HWP 294, and BIOL 223 may be substituted for HWP 295.
- II. Required courses outside the major—4 hours: STAT 185.
- III. Other departmental requirements—Major and oral competencies are fulfilled by completion of HWP 459 with a grade of C or higher.

Impact: No resource implications. The number of hours students will be required to take is reduced by one.

Rationale: These changes are in alignment with recent revisions of core competencies, provide students with greater freedom of choice and depth among the various HWP topical areas, and enable faculty to teach a greater variety of courses in the curriculum and outside the department.

3. Delete: On page 154, under **Health and Wellness Promotion with Teacher Licensure**, item I:

- I. Required courses in the major—35 hours: HWP 190, 284, 294, 310, 335, 455, 459, one course from HWP 250 or 350, one course from HWP 290, 315, and 343; and two courses from HWP 225, 253, and 365.

Add: On page 154, in place of deleted entry:

- I. Required courses in the major—at least 41 hours: HWP 190, 223, 224, 225, 294, 295, 310, 335, 455, 459; three courses from HWP 253, 265, 290, 315, 316, 317, 323, 333, 355, 360, 365, 401, 420. BIOL 338 may be substituted for HWP 294; BIOL 223 may be substituted for HWP 295.

Impact: No resource implications. However, licensure students will now be required to take HWP 223 and 224, courses deemed to be essential for all HWP majors. At first glance, there appears to be a 7-

hour increase for licensure students. However, HWP 295 has been approved as a lab science course, so there is a net increase of only 3 hours.

Rationale: In review of core competencies necessary for all HWP students, it was determined by HW faculty that two pillars of health courses were missing from the curriculum: mental and emotional health, and active living/physical activity and health. And, although Education students will be required to take these additional courses, they will still be allowed to use their student teaching to fulfill the requirement for majors to take a course from HWP 345, 350, 380 and 499. Also, Education students will be able to fulfill their lab science course by taking Functional Anatomy in the major.

3. Delete: On page 154, the entry under **Minor in Health and Wellness Promotion:**

22 hours, including: HWP 190; one course from HWP 250 or 350; one course from HWP 284 or 294; one course from HWP 310 or 335; one course from HWP 290, 315 or 343; at least 6 other hours from HWP at the 200 to 400 level. Students must earn a minimum 2.00 grade-point-average on all minor courses taken at UNC Asheville. One-half of the hours required for a minor must be completed at UNC Asheville, to include at least 6 semester hours of 300-400 level courses.

Add: On page 154, in place of deleted entry:

At least 22 hours: HWP 190, 250, 294; two courses from HWP 223, 224, 253, 290, 315; HWP 310 or 335; and one additional HWP course at the 300-400 level. Students must earn a minimum 2.00 grade-point-average on all minor courses taken at UNC Asheville. One-half of the hours required for a minor must be completed at UNC Asheville, to include at least 6 semester hours of 300-400 level courses.

Impact: No resource implications

Rationale: The new minor is in alignment with changes to the major, while maintaining the same number of hours as the current minor.